

Leadership through Football Coaching

Health & Wellbeing

Fancy yourself as a football coach? Use your knowledge to benefit younger players.

The main aim of the course is to provide you with the skills required to deliver coaching sessions to young children. You will be exposed to a number and great variety of coaching practices and will also deliver practices to your peers/primary pupils as the year progresses. You will also be given the opportunity to take part in Scottish FA coaching qualifications as part of the course.



Skills Focus



Recognition of Achievement

SFA level 1.1 Coaching qualification

Learning Intentions & Success Criteria

Learning Intentions

I will:

- be able to plan and set-up a football coaching session.
- be able to plan a 5-6 week coaching curriculum for a group of players.
- be able to speak clearly and concisely to a group of peers/younger pupils and explain/demonstrate a practice.
- be able to work with and support group members to achieve improvement in a skill/technique.

Success Criteria

I can:

- set up as required for the planned session.
- write up a 6 week programme of session plans.
- demonstrate this in front of a group.
- demonstrate working individually with an individual.
- demonstrate supporting a young person to achieve improvement in an area they were struggling in.